

**19-3A Junior High District Track Meet
Clifton, TX April 8th
Cub Stadium**

9:15am - Coaches meeting

10:00am - Field Events

11:00am - 2400m

<u>Long Jump</u>	<u>Triple Jump</u>	<u>High Jump</u>	<u>Discus</u>	<u>Shot Put</u>	<u>Pole Vault</u>	
8 th Boys	7 th Boys	8 th Girls	7 th Girls	7 th Boys	7 th Boys	10:00
8 th Girls	7 th Girls	7 th Boys	8 th Boys	8 th Girls	7 th Girls	11:00
7 th Boys	8 th Boys	7 th Girls	8 th Girls	7 th Girls	8 th Boys	12:00
7 th Girls	8 th Girls	8 th Boys	7 th Boys	8 th Boys	8 th Girls	1:00

Running Finals - Begin @ 2:30 or 30 minutes after the last field event.

400m Relay

800m

100m Hurdles

110m Hurdles

100m Dash

800m Relay

400m Dash

300m Hurdles

200m Dash

1600m

1600m Relay

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Clifton High School

<u>School</u>	<u>Field Event</u>	<u>Timing</u>	<u>Picking</u>
Clifton	Pole Vault	1 st	8 th
Bruceville-Eddy	Triple Jump	2 nd	7 th
West	High Jump	3 rd	6 th
Troy	Shot Put	4 th	5 th
McGregor	Discus	5 th	4 th
Whitney	Long Jump	6 th	3 rd
Groesbeck	Triple Jump	7 th	2 nd
Marlin	Long Jump	8 th	1 st

Relay Exchange Judges

400m Relay – 1st exchange (gold) - Bruceville Eddy, West
2nd exchange (gold) - Troy, McGregor
3rd exchange (gold) - Whitney, Groesbeck

800m Relay – 1st & 3rd exchange (red, gold) – Marlin, McGregor
2nd exchange (red) – West, Whitney

800m run and 1600m relay break in line – Clifton

Information

- Entries will be done on-line. They will be due on Friday, April 7th by noon. A link with the instructions will be sent later.
- Field events will be 3 throws and 3 jumps.

- We will use markers in the shot and disc.
- Coaches and competitors only in the infield area during the running events.
- No tape on the track.
- The concession stand will be selling meal deals for \$5.00. Please send us an approximate number of meals prior to Saturday and a list of names upon arrival.
- We will provide all tape measures, cross bars, and rakes for the field events.
- Please set up camps outside the track, no camps on the football field.